

MENU

Week 1



Look for this logo on the menu to try a yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Butter Chicken
Curry with Tomato
and Mint Sambal
(Mk,So)



Tex-Mex Pizza
(Ground Beef,
Peppers and
Sweetcorn)
(G,Mk)

Chicken and Herb
Sausage Rolls with
an Apple and Sage
Gravy
(G,E,Su)

Pasta Bar (G)
Beef Bolognese



Oven Baked
Breaded Pollock
Fillet (G,F)

Veggie

MEAT FREE

Chickpeas Braised
in a Butter Curry
Sauce with Tomato
and Mint Sambal
(Mk,So)



Margherita Pizza
with Torn Basil
(G,Mk)



Home Baked Vegan
Mince and Herb
Sausage Roll with
an Apple and Sage
Gravy (G,so)

Pasta Bar (G)
Tomato sauce
Nut free Basil
Pesto (Mk)



Oven Baked
Vegetable Fingers
(G)

veg

EXTRA GOOD

Sweetcorn
Spiced Cauliflower

Asian Slaw
(Se)

Braised Leek and
Cabbage
Roasted Honey
Butternut Squash

Cheese (Mk)

Peas
Baked beans

carbs

FUEL FOOD

Plain 50/50 Rice

Potato Wedges

Roasted New
Potatoes



Parsley, Mint and
Olive Oil
Focaccia (G)



Oven Baked
Chips

Dessert

SOMETHING SWEET

Fresh Fruit Platter

Beetroot
Chocolate Cake
(Low Sugar)
(G,E,Mk,So)



Fruit Jelly

Banana and Raisin
Cookie
(G,E)

Peach Crumble
(G)

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

Dates

13/04, 04/05,
01/06, 22/06, 13/07

Allergens: Please note the allergens shown within these menus are subject to change.

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

MENU

week 2



APRIL
NEW
POTATOES

MAY
BASIL

JUNE
BEETROOT

JULY
MINT

Look for this logo on the menu to try a yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains
HAPPY TUMS

Millionaire 50/50
Fusilli with
Bolognaise and
Basil Sauce
(G,Mk)



Cheesy Chicken
and Sweetcorn
Quesadilla
(G,Mk)

Moroccan Style
Rubbed Chicken
(G)

Jacket Potato Bar:
Chicken Sausage
(G,Su)
Baked Beans
Pepperoni and
Cheese (Mk,Mu,So)

Oven Baked Fish
Fingers (G,F)

Veggie
MEAT FREE

Elevated Mac and
Cheese with Zesty
Basil Breadcrumbs
(G,Mk,So)



Cheesy Beans
and Sweetcorn
Quesadilla
(G,Mk)

Moroccan Style
Vegan Plantballs
(G,So)

Jacket Potato Bar:
Baked Beans and
Cheese (Mk)
Margherita Topping
(Mk)

Oven Baked
Vegetable Fingers
(G)

veg
EXTRA GOOD

Choose from our
delicious Salad Bar

Broccoli

Roasted Butternut
Squash
Green Beans

Classic Coleslaw
(E)
Sweetcorn

Peas

Buffalo Beans

Baked beans

carbs
FUEL FOOD

Beetroot Focaccia
(G)



Mexican Style
Rice
Basmati rice

Crushed New
Potatoes



Oven Baked Chips

Dessert
SOMETHING SWEET

Fresh Fruit Platter

Pineapple and
Raspberry Cake
(G,E,Mk)

Fruit Jelly

Vanilla Biscuit with
Chocolate
Sprinkles (G)

Sugar Free
Pineapple and
Carrot Cake
(G,Mk)

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

Dates

20/04, 11/05,
08/06, 29/06, 20/07

Allergens: Please note the allergens shown within these menus are subject to change.

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

MENU

week 3



Look for this logo on the menu to try a yummy seasonal special!

Mains

HAPPY TUMS

Veggie

MEAT FREE

veg

EXTRA GOOD

carbs

FUEL FOOD

Dessert

SOMETHING SWEET

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Meatballs Tossed in a Tomato and Basil Sauce (So)	Lamb Keema Pitta with Minted Yoghurt Sauce (G,Mk,So)	Classic Roast Chicken Served with Yorkshire Pudding and a Rosemary Gravy (G,E,Mk)	Pork and Leek Sausage Hot Dog (G,Su,Se,So)	Oven Baked Breaded Pollock Fillet (G,F)
Plant Balls Tossed in a Tomato and Basil Sauce (So)	Warm Pita Pockets with Chickpeas and Vegetables and a Minted Yoghurt Sauce (G,Mk,So)	Lentil And Vegetable Pastie with Rosemary Gravy (G)	Vegetable Sausage Hot Dog (G,So,Se)	Oven Baked Vegetable Fingers (G)
Choose from our delicious salad bar	Tomato and Onion Salad (Su) Broccoli	Roasted Carrots Green Beans	Greek Green Beans Carrot Batons	Peas Baked beans
Wholemeal Penne (G)	Sweet Potato Roasties	Roast New Potatoes (So)	Waffle Fries	Oven Baked Chips
Fresh Fruit Platter	Banana Flapjack (G)	Fruit Jelly	Oat and Orange Cookie (G,E)	Iced Sponge Cake with Rainbow Sprinkles (G,E,Mk)

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

Dates

27/04, 18/05, 15/06,
06/07

Allergens: Please note the allergens shown within these menus are subject to change.

- Ce = Celery
- Cr = Crustacean
- E = Eggs
- F = Fish
- G = Cereals containing Gluten
- L = Lupin
- Mk = Milk
- Mo = Molluscs
- Mu = Mustard
- N = Nuts
- P = Peanuts
- Se = Sesame Seeds
- So = Soya
- Su = Sulphur Dioxide

